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SOS

610 N. Silver St

Silver City, NM 88061

575-956-6131

575-956-6947

Pence, Victoria

ID: 140 DOB: 11/23/1951

Use Note Creation Time

Clear Time

Set Date/Time

7/27/2023

3:36 PM

Group Leader Interventions:

Therapist assigned a directed art or activity project toward a goal of improving reality testing.

Assigned worksheet/activity with topic of reality testing.

Encouraged exploration

Extrapolated to Life

Involved all Group

Encouraged Role Playing

Plan:

Continue Skill Development

Encourage increased participation.

Continue group.

Individual Remarks:

Appearance and Behavior:

In today's session Victoria appeared friendly, glum, moderately communicative, and anxious.

Participation:

Victoria's participation today, was normal, with responses to others and sharing of personal experiences and feelings. The group was positively impacted by the client because of their encouraging statements and felt accepted.

Verbal Content:

Victoria spoke of interpersonal problems today, during the session.

Mental Status Exam:

Victoria's mood appears normal with no signs of depression or mood elevation today. Victoria displayed signs of anxiety. Presented tense or worried. Fidgety, restless behavior was exhibited.

There are no signs of hallucinations, delusions, thought disorder or other signs of psychotic process.

Suicidal/Homicidal:

Suicidal ideas or intentions are not in evidence and were not expressed by Victoria today.

Victoria convincingly denied homicidal ideas in today's session.

Stage of Change:

Precontemplation

Service Location

Turn

Audit Log

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